



GENERAL OCCUPATIONAL HEALTH AND SAFETY

COURSE CONTENT & LEARNING OUTCOMES

Purpose of Course:

The OH&S Act requires all employers to ensure that the workplace is safe for the employees. To enable staff to have a basic understanding of Occupational Health & Safety and how to apply it in the workplace. This course gives the employee a theoretical background as well as practical skills by working in small groups.

Target Group:

General Employees, Agri workers, Industrial workers.

Section 1: Employer and employee duties regarding occupational health and safety

Learning Outcomes:

- Explain both employer and employee duties regarding OHS in the workplace.
- Understand their employee rights in terms of OHS in the workplace.
- Identify the OHS Reps structure and activities.
- Identify hazards and associated risks in the workplace.

Section 2: General safety rules in the workplace

Learning Outcomes:

- Explain the general safety rules in the workplace (intoxication, use of motorized equipment, lock-out procedures and signage).

Section 3: The use and application of Personal Protective Equipment in the workplace

Learning Outcomes:

- Explain the use and application of Personal Protective Equipment (PPE) in the workplace.
- Understand reporting & replacement procedures of PPE as well as their limitations.

Section 4: Good housekeeping in the workplace

Learning Outcomes:

- Explain the need for good housekeeping in the workplace.
- Understand general rules of stacking & storing
- Demarcation & colour coding

Section 5: Emergency procedures in the workplace

Learning Outcomes:

- Explain the importance for emergency procedures, escape routes and assembly points.
- Identify communication procedures

Entry Requirement:	None
Manual:	English
Venue:	Attend Public Course or on-site for a minimum of 8 candidates
Duration of course:	1 day
Evaluation:	Theory
Certificate:	Certificate of Attendance is issued. Retraining recommended after 2 years.
Unit Standard	Aligned to US 259639 - Explain basic health and safety principles in and around the workplace