



| LEVEL: SUPERVISORS   |                  |     |     |                                 |
|--|------------------|-----|-----|---------------------------------|
| PROGRAM  | DURA<br>TION     | MIN | MAX | PRICE                           |
| Supervisory Skills:  Managing Quality , Productivity and Morale  | 2 days           | 8   | 16  | R3 290                          |
| Supervisor Skills Follow-Up Program  Revisiting and Capturing, Labour Legislation, Introduction to the Supervisor Notebook, Case Studies   | 1 day            | 8   | 16  | R1 650                          |
| Teamwork Workshop  Clarifying job responsibilities and goals to increase the effectiveness of a work team  | 2 days           | 8   | 10  | R25 450<br>per group            |
| Communication skills for Management (We can also adapt the program for Supervisors)  How to handle all management conversations with subordinates in a professional manner   | 1 day            | 8   | 16  | R12 720<br>per group            |
| Introduction to isiXhosa Culture and Language  | ½ day            | 8   | 16  | R800                            |
| Basic Employment Law: A Better Understanding (Rights and Obligations of Agri-Workers)  | ½ day            | 8   | 16  | R800                            |
| Staying Strong Free to Grow  An ideal tool to equip your employees to cope with emotional stress. The focus is on strengthening resilience, optimism and ownership – an attitude that will have a positive effect on employees' work and lives   | 1 day            | 8   | 16  | R12 720<br>per group            |
| WorkQ® Free to Grow (Personal-, Work-, Team and Organisation Journey)  *Accredited: 'Services Seta'  | 2 days           | 8   | 16  | R21 200<br>per group            |
| WorkQ® Diversity Free to Grow  This version of WorkQ®, our highly successful employee engagement programme, has been specially customised to offer an alternative to traditional diversity training. It offers an inside out approach to diversity, viewing it not as the entry point, but as one of the ripple effects of individual growth and organisational alignment. | 2 days           | 8   | 16  | R21 200<br>per group            |
| LeadQ <sup>®</sup> Free to Grow ('Leading Change')   | 3days            | 8   | 16  | R38 160 per group               |
| Participants who have already completed WorkQ  | 2 days           |     |     | R25 440 per group               |
| Life Skills Free to Grow  Self-Development, Communication, Conflict Management, Relationships, Assertiveness *Accredited: 'Services Seta'  | 2 days<br>4 days | 8   | 16  | R21 200<br>per group<br>R42 400 |
| Money Sense Free to Grow *Accredited: 'Services Seta'  | 2 days           | 8   | 16  | R21 200<br>per group            |





FREE TO GROW